







	Months	Fine Motor
Seeds 	0-12	<ul style="list-style-type: none">• Closes hand firmly around object placed in palm• Explores hands and fingers: for example, watches them, presses hands together, clasps and unclasp hands• Explores objects with mouth, often picking up an object and holding it to mouth for lips and tongue to explore (mouthing)• Persistently and deliberately reaches out for objects• Uses whole hand to hold an object (palmar grasp)• Follows and tracks a sound or moving object, moving head and eyes• Passes toys from one hand to the other• Can place the object down deliberately• Looks at and pokes small objects with index finger• Releases objects and hands them to another person or drops them• Picks up things between thumb and fingers with an immature pincer grasp
	12-24	<ul style="list-style-type: none">• Builds a tower of 2 then 3 blocks or more• Turns over container to tip out contents• Holds pen or crayon using a whole hand (palmar) grasp and scribbles with different strokes• Enjoys finger and toe rhymes and games• Fits round shape into puzzle or posting box• Turns knobs and removes easy screw lids• Beginning to show hand preference (not established)• Builds a tower of 6 blocks• Threads large beads onto firm cord, stick, or pipe cleaner• Holds pen or pencil in the middle using thumb and fingers• Uses whole arm when mark making• Participates in finger and action rhymes, songs, and games, imitating the movements and anticipating actions



<p>Sprouts</p> 	<p>24-36</p>	<ul style="list-style-type: none"> • Turns pages in a book, sometimes several at once • Holds a pencil in a developing tripod grip between thumb and two fingers; no longer using whole hand • Picks up tiny objects accurately and quickly using pincer grip • Produces lines that intersect; beginning to make cross and grid-like patterns • Scribble writes, including 'V' shape and vertical lines • Screws and unscrews jar lids, nuts and bolts, etc • Shows increasing control in holding, using, and manipulating a range of tools and objects, such as tambourines, jugs, hammers, and mark making tools • Draws a simple face: for example, circle for the head with dots/dashes/lines for eyes, nose, and mouth • Builds a tower of ten or more blocks • Imitates making a train of cubes • Holds books the correct way up and turns pages one at a time
	<p>36-48</p>	<ul style="list-style-type: none"> • Cuts paper with scissors, making one or two snips, although hand position may not be quite correct • Put their coat on and do their zip • Begin to use a knife and fork when eating • Can undo large buttons • Starts to copy some simple horizontal and vertical letters and numbers (e.g. <i>capitals linked to names, L, i, v, x and 1, 7, 4</i>) • Manipulates a range of tools and equipment in one hand (e.g. <i>paintbrushes, scissors, hairbrushes, toothbrush, etc</i>) • Holds pencil near its tip between first two fingers and thumb and uses it with good control to draw • Shows a preference for dominant hand
<p>Seedlings</p> 	<p>48-60</p>	<ul style="list-style-type: none"> • Uses simple tools to effect changes to materials • Handles tools, objects, construction, and malleable materials safely and with increasing control and intention • Begins to form recognisable letters independently – c o a d p b g • Have a good handwriting grip and position • Can use scissors with good control • Can use a paintbrush with good control • Writes all the letters of the alphabet
<p>Saplings</p> 	<p>ELG</p>	<ul style="list-style-type: none"> • Holds a pencil effectively in preparation for fluent writing using a tripod grip • Uses small tools • Shows accuracy and care when drawing



Bankside Primary School

Putting down strong roots for success